



Friday Focus

Carter County Schools

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A Growth Mindset

In 2006, Stanford psychology professor, Carol Dweck, introduced the idea of two mindsets related to learning: **Growth** and **Fixed**. If you have a **Growth Mindset**, your belief system suggests that a person's intelligence can be grown with persistence, effort, and a focus on learning. A person with a **Fixed Mindset** is of the belief system that one has a predetermined amount of intelligence, skills, or talents. Dweck asserted that our mindsets affect the way we teach our students, raise our children, and even behave in learning situations ourselves.

What Kind of Mindset Do You Have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.

Spotlight on Excellence

"1...2...3...Showdown!" Students in Sarah Knipp's Kindergarten class at Prichard loved using this Kagan strategy in a small group with their instructional assistant to review the consonant-vowel-consonant pattern and letter sounds. Using a strategy like *showdown* keeps all students engaged, gives them a chance to revise their work with peer guidance, and allows the teacher/assistant to see every child's work when they show their boards.



QR Code Generator Directions

Step 1: Choose the type of data you are creating. **Step 2:** Paste the URL into the box. **Step 3:** You can choose a color—not needed. **Step 4:** VERY IMPORTANT: Choose **PRINT**. Then, choose the layout for how you want to print your codes.

Winter Happenings

- Jan. 31 LMS and Make Up Academy
- Feb. 2 District Spelling Bee at ECMS
- Feb. 8 ECMS Academy
- Feb. 13 ECHS Academy
- Feb. 14 Counselors Academy
- Feb. 15 WCMS Academy

Inside this issue:

[More About Mindsets](#)

[Mindset Online](#)

[Carol Dweck--TED Talk "The Power of Yet"](#)

[Explaining Mindsets to Kids--Video](#)

[QR Code Generator \(See Directions\)](#)

